



Connecting the Human Heart to the Essence of Divine Intention from the Ethereal Heart

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Again, enter your human heart, breathe, enter it with intention, let go of your mind, let it with intention to purify any negative energies, emotions, to release all the pain. Pray to the divine for help, for support, because it's important that your intention is right and clear. As I already mentioned, this can be done very quickly, it's not a never-ending process. You can free your heart very quickly, relatively quickly, as long as you do it right and as long as you have honest, truthful intention.

You are doing it not just for your own sake, you are doing it for the sake of all. Now, I have mentioned before in the live stream that I would like to address the third heart, which is the upper heart, which I call ethereal heart. So, there is the human heart, divine heart,

previously called the spiritual heart, and the upper heart. We have decided not to speak of it much, because it's really very difficult to awaken first.

Many things need to be in the right place, in your internal reality, for it to be really possible, but still, feeling it, touching it with your hand is helpful. It supports your human heart. Ethereal heart is the heart of emanation of the essence love, which is the original intention into creation. The human heart emanates loving-kindness, empathy, compassion, but the ethereal heart emanates that essence of love. And by connecting to it, from your human heart, you are actually connecting to that essence love, to that original intention. And that connection opens you to that etheric grace from the ethereal heart. As I said before, the human heart is located more or less, rather, two inches above the lowest portion of the ribcage, in the middle, two inches minimum, between two inches and three inches, I suppose, it depends on the, I suppose, anatomical, personal anatomical structure, so two or three inches above this lower portion.

And the ethereal heart is located three inches above the human heart, here. So I would like you to, first, to feel the ethereal heart. When that feeling becomes more stable, something energetically is open, activated, you should be able, first of all, sense that there is something precious in the ethereal heart. Something most subtle.

Something as if not of this world. And that is essence love. That is that original intention. That is what existed before anything else existed, and what gave rise to the explosion of God into creation, into everything.

That is the origin, and it is right there in your upper heart. It is good if you hold your hand on the ethereal heart. Now, if you are able to feel it enough, let that feeling unify with the human heart. And you should be able to recognize this new energy that now enters your human heart. Something that is not of the human heart alone.

Something, well, ethereal. Something extremely subtle and transparent, and yet very powerful, intense. That if you fully experience it, it is like your heart is going to explode, because it cannot contain that intensity. Now, if you are able to feel it enough, let that feeling unify with the human heart. And now from that place, which is deeper, higher, because you have lifted up the frequency of your heart, from that place ask for the final purification.

For a while, experiencing fully your emotion dimension in the human heart. Don't say that you are not wanting it just for yourself, but that you want to serve the original purpose of Creator. You want to help through your own transformation the expansion of light in existence, in this dimension, in all dimensions. So you want your heart to be free from pain, so you don't anymore have to carry this burden, and you can open yourself to positive evolution. You need to ask, even though the Creator knows, He still wants you to ask. We are here to serve.

That is our ultimate purpose. And you need to really understand what it means. It is not just another concept, another spiritual ideology. This is real and you need to see the reality of it, which is just in front of your eyes. We serve ourselves, our own fulfillment, because we are the foundation of our reality and that foundation has to become complete.

We are serving the Divine, its purpose, the reason, and we are the very reason for its existence, we are its purpose. We are serving creation, which is also us, which is also Divine, which is also evolution. It is all one, not a static kind of one, a dynamic one, multidimensional one, multilayered one, but different dimensions of that one intertwine with each other, flowing into each other, separating from each other and meeting again. That is the living body of God, of which we are the indivisible part. And this is why realization of love is so crucial, because love is the bridge between us and Divine intention.

So when you ask for healing and purification of your heart, ask for the right reason, which is to serve. Which is to become that intention of the Creator, because this is what ultimately you are, you are that intention. Thank you. Again feel ethereal heart and human heart together.

Thank you. Breathing to the upper chest helps you to feel more the ethereal heart. Then bring the feeling of the ethereal, of the upper heart to the human heart and allow yourself to be absorbed in its inner space. Thank you. Is your heart empty? Is the past released? Is it free so that you can truly breathe the air of the now.